University of Miami Miller School of Medicine

Office of Faculty Affairs & Office of Diversity and Multicultural Affairs

Women in Academic Medicine (WIAM):

Cordially invites you to the

Mindfulness in the Midst of Change

"You can't stop the waves, but you



and life.

Discussion led by Scott Rogers, JD, Director of the

can learn to surf..."

When: Thursday, November 29, 2012 At 3:45PM-5:30PM

Location: Clinical Research Building (CRB) Room 1080

Join mindfulness teacher, Scott Rogers, as he shares insights and exercises that inspire a new way to experience the challenging and stressful events in work

Dr. Rogers is also the co-founder of the University of Miami's Mindfulness Research and Practice Initiative, the founder and director of Miami Law's Mind-

fulness in Law Program. $\underline{\textbf{WIAM:}} \ \textbf{Strives to coordinate programs to support and celebrate the achievements of}$

RSVP by Monday, November 26, 2012 with Ms. Jeeta Larkey @ blarkey@med.miami.edu or call us at 305-243-6551

our women medical faculty.